

## Community Action for Safe Teens

Minutes of December 12, 2012 8:30 am @ Milford High School

In attendance: Monica Gallant, Paula Troie, Donna Arias, Bob Heaton, Renea Sparks, Libby Wehrle-Anderson, Kevin Salemi, Susan Drew, Laurie Johnson.

Minutes of November 14, 2012 approved and accepted.

### Steering Committee Update:

- DFC Review Summary – overall score of 93/100. Needed 95 to qualify for eligibility for the DFC grant. Areas that scored “acceptable” were 1) improve community knowledge and action and 2) coalition sustainability. Question for coalition: **How does CAST become recognized and valuable to community?** - add to sustainability committee tasks. Donna suggested that we review the grant application from the other B&G Club that received the grant – Donna will look up recipient and email info to Susan. At November meeting, Sgt Frost suggested sending him the review summary and he could request Bill Geary (CADCA trainer) to review and advise what the reviewers are looking for with respect to sustainability. Monica will send review to Sgt. Frost. 2013 DFC grant applications will be released in January – the number of potential awards will determine whether or not CAST will re-apply in 2013.
- Kaizen Report – Reviewed Kaizen Evaluation Action Plan – 1) Mission Statement will be reviewed at January meeting; 2) Action plan – adequate for now – if we re-apply for DFC we will review; 3) Organizational Chart – Monica will develop; 4) Meeting Rules – Renea will work on developing suggestions to be presented at January meeting; 5) Training Calendar – possible opportunities include cultural competency training (Bobbie Bagley is a consultant in this area – professor at River College) and legislative training. For legislative training – New Futures is a resource – determine target audience (community forum based or CAST committee) – discuss with Susan. Legislative bills will be introduced in January. NH Tobacco is another resource for training.

### Beyond Influence Update:

- Donna introduced Beyond Influence brochure and requested permission to include CAST as one of the coalitions served. Mason has been added to the “I” region – motion made to confirm with Susan that Mason can be added to the CAST coalition as a community served. Otherwise, everyone agreed to include CAST on the Beyond Influence Brochure.
- NH Charitable Foundation sent out RFP’s – anticipated funding for statewide projects that include the Center for Excellence, Partnership with a Media Collaborative, Vet Corps and Life of an Athlete (currently working with NHIAA to take over the program). Laurie spoke with Rick Holder of Hampshire Hills about Life of An Athlete and he is interested in learning more about it – Laurie & Donna will set up meeting with Rick.
- This region received funding for Photo Voice project through Nashua PAL; no \$ for RX dropboxes; YRBS for all schools – all 8 districts/9 public high schools are participating in YRBS in 2013; \$5,000 Flex spending – Donna will request \$500 - \$800 – need to supply

line item for expenditure. Per Paula – NADI drop box grant availability is not published yet.

- Donna will be on maternity leave in April – Ed Lecieus will fill in for Donna at CAST meetings.
- Partnership tool survey will be coming from Center for Excellence – everyone should complete it and submit.

**Sustainability Committee Update:** None

**Regulation Committee Update:**

- Legislative issues to be released in January; Regional Legislative Update Forum in March (Paula)
- Paula working with Rotary to coordinate a substance abuse forum to be held at SHS.
- Susan Drew shared state statistics on substance use: NH is highest in nation in youth alcohol abuse; 2<sup>nd</sup> in monthly alcohol use for young adults; 1<sup>st</sup> in young adult pain reliever abuse; 1<sup>st</sup> in monthly youth marijuana use of all the states and territories. NH has 100,000+ residents in need of substance use disorders treatment. (Nat'l Survey on Drug Use & Health 2009-2010). There is currently no mental health support for substance abusers without insurance.

**Communications Committee Update:**

- New member packets – Libby will develop
- Publicize volunteer need and meeting notices in local newspapers – Libby
- Google site development – Libby and Monica

**Youth Issues Committee Update:**

- Paula working on skits with prevention club at SHS – Susan Drew said Franklin Pierce students do skits – will send info to Paula.
- Experiential activity for youth – Monica has been working with Helen Pervanas of Massachusetts College of Pharmacy to conduct an activity with youth and college students after the holidays. Helen has applied for grant (pending notification of receipt) and has also been awarded \$500 to donate to charity of her choice – she selected CAST.
- FlashMob – Monica is communicating with Liz Calabria to coordinate this activity. Will check with Athletic Directors to see if the activity can be held during basketball games at the high schools – other possible location – Pheasant Lane Mall.

**Other:**

- Letterhead – Kevin Salemi will develop template and letterhead will be available from BGCSV. Business cards will be ordered after it is determined whether or not to add Mason.