

## Community Action for Safe Teens

Minutes of August 8, 2012 8:30m @ Milford High School

In attendance: Monica Gallant, Paula Troie, Laurie Johnson, Libby Wehrle-Anderson, Donna Arias

Minutes of June 20, 2012 approved and accepted.

The co-chair terms for Monica and Paula will expire on October 31<sup>st</sup> and these positions will need to be filled. Renea Sparks has advised at the June meeting that she would be willing to share the co-chair position. Monica will continue as co-chair for the upcoming year.

Paula announced that \$390 was earned through the ticket sales from 100 Holes of Golf – check forthcoming from the Milford Rotary. The intent of this \$\$ is to be used towards RX drop box for Milford.

Beyond Influence Update – Donna will be presenting the strategic plan of Beyond Influence to the NH Charitable Foundation. YRBS is coming up in 2013 – letters will be going out to schools soon.

Legislative Update – nothing to report.

Teen Leadership Training Initiative – scheduled for 8/21 & 8/22 at HBHS. Need to develop a **handout** for the teens to take away – **future goals** – refer to Youth Issues Committee on Timeline. Monica has met with New Futures trainers and coordinated with NH Teen Institute for the programs to be included in training. Will have up to 30 participants from Souhegan Valley High Schools. Monica will do intro promoting CAST and encourage youth to participate in the goals. **T-Shirt Design** – ask youth to participate in the design for the CAST t-shirts. One requirement – CAST Logo must be included on the shirts. A flyer for this will need to be developed. Monica & Paula will work on handout and t-shirt flyer. Grant received from MHA for \$2125 to fund training.

Website Update – Libby is working on getting updates to Negrete – Monica will review website and send changes to Libby along with Healthy Choices psa's that were developed in December 2011. Negrete & Assoc will be providing this service to CAST/BGCSV free of charge.

CAST 2012 – 2013 Committee Timeline distributed with sign- up sheet for committees. Members of the steering committee will be the core group of members that attend each meeting. We need 5 people for each committee – **see attachment for description and current members.**

Life of the Athlete – focuses on the impact of substances (negative and positive) on athletes. Monica attended training in Manchester on 6/29/12 – would like to do something with this. Laurie will contact Rick Holder of Hampshire Hills to discuss the possibility of holding a Family Night Program at Hampshire Hills Facility. Donna will review and filter the message we want to promote – which is to promote wellness and healthy choices. Begin by inviting youth athletic leaders in the communities – promote cultural shift without additional burden to schools.

Other: Paula will be ordering the letterhead & thank you cards. Monica will be getting pictures developed from the youth events held in the past year. Next DEA take-back 9/29/12. Paula will contact Susan about Healthy Lifestyles event being held at BGCSV.

**NEXT MEETING: WEDNESDAY, September 12, 2012 at 3:30 pm – SAU OFFICE**