

## **Community Action for Safe Teens**

Minutes of September 12, 2012 3:30 pm @ Milford High School

In attendance: Monica Gallant, Paula Troie, Donna Arias, Susan Taylor, Bob Heaton, Tom Getchell-Lacey, Helen Pervanas –Guest Speaker.

Minutes of August 8, 2012 approved and accepted.

Monica circulated the subcommittee list with a request to fill the positions. Also, noted that DFC Grant was not awarded to CAST. We should receive the scoring summary sometime in October.

Bob initiated conversation regarding the broadening the base of membership of the CAST Committee. We will add “recruiting” to the Sustainability committee description. We need to reach out to the database of the forums that were held over the past year and invite their participation/also provide invitees with the committee list so that they can select the best fit for themselves. Monica will ask Renea to develop an “invite to participate” which will be sent to Susan to send out to the invite email list for the forums.

Donna – Beyond Influence update – DEA takeback scheduled for 9/29/12. Flyers will be available on Monday; 7 police departments are participating in our area. Pastor Tom commented that he meets with religious leaders of the community on the 2<sup>nd</sup> Tues of the month. If we want info distributed through that group will need to have to him before then. Annual meeting is October 22<sup>nd</sup> – need a CAST representative – Monica will attend. Red Ribbon week is October 22 – 28, 2012. Action guide distributed. 9/20/12 is the deadline for the ribbon formation commitment for the flyover scheduled for 10/24/12. There are over 1500 tulip bulbs available for the “Planting the Promise” activity. Special attention was noted for the new Boy Scout badge opportunity in the Red Ribbon Week action guide.

Pastor Tom will promote Drug Free Activities at the Milford United Methodist Church if we advise him of them.

Monica updated on the Teen Leadership Training held at HBHS, funded by MHA on 8/21 & 8/22. We had 22 participants – HBHS; Milford & SHS. HBHS and SHS started prevention groups at their own clubs. There were 2 students from Milford and in order to keep them engaged we need Milford advisor from MHS or find another avenue for students to participate. The training done by NH Teen Institute and New Futures Organization was extremely successful.

Helen Pervanas – Guest Speaker from Massachusetts College of Pharmacy shared activities that students of MCP are working on: 1) an E-Learning Opportunity with 4 different scenarios targeted for middle school students. Currently have storyboards and they are working on the program. 2) idea for the RX takebacks – fill small baggies with kitty litter and hand out to participants to use for home disposal. 3) Formal student organization of MCP – **Student Pharmacists Against Rx Drug Abuse (SPARDA)** 4) Participating in the Rx Panel Discussion at HBHS on 9/27/12. Helen is interested in collaborating with CAST.

**NEXT MEETING: WEDNESDAY, October 10, 2012 at 3:30 pm – SAU OFFICE**