

## Community Action for Safe Teens

Minutes of January 20, 2014. Meeting from 8:30am – 12:30pm @ Milford United Methodist Church

In attendance: Monica Gallant, Wes Palmer, Kevin Salemi, Donna Saber, Susan Taylor, Carol Rowlette, Sgt. Richard Frost, Susan Drew, Lisa Vasquez, Michele Andrews

Minutes of November November 13, 2013 accepted.

**Introductions** – Welcome new participants Lisa Vasquez (Beyond Influence) and Michele Andrews (NH Healthy Families)!

**Meeting Rules** – Susan facilitated discussion of establishing meeting rules which were posted for the meeting.

### Strategic Planning –

- Monica shared a PowerPoint that has been created to share the CAST story – the PPT was shared at Milford Rotary last week and was well received.
- YRBS data was discussed and it was determined that additional data is needed in order to determine what the substance use/abuse issues are in Souhegan Valley and the additional data should include State and National comparisons. YRBS data – 2011 & 2013 will be referenced.
- Rick introduced “Building a Sustainable Coalition & Logic Model Development”
  - A Healthy Coalition Needs:
    - Data (and the frequency it is gathered)
    - Institutionalization of Work (within sector representatives)
    - Needs Assessment (ID gaps in the community)
    - Resource Assessment
      - Elks
      - NREPP
    - Cultural Assessment
    - Coalition vs Prevention
  - Developing the coalition – create “An Ask”; create a “Welcome Packet” to include the logic model and the process of identifying the Problem Statement.
  - Focus Groups
    - Law Enforcement
    - Youth
- **Communities we serve & representation (members present)**
  - Amherst & Mont Vernon Donna Saber (business)
  - Brookline/Hollis Carol Rowlette (community member); Monica Gallant (PTSA)
  - Milford/Mason Kevin Salemi (BGCSV); Susan Taylor (BGCSV); Michelle Andrews (NH Healthy Families); Susan Drew (Welfare); Wes Palmer (MUMC, Faith based)
  - Wilton/Lyndeborough
- **Developed three workgroups:**
  - Data collection/presentation – Donna, Wes and Kevin
  - Recruitment/Retention - Monica, Susan Drew, Rick Frost, Susan Taylor
  - Media - Monica
- **Media Resources:**

*Cabinet/Telegraph/HB Journal	*NH.com	*School Newsletters
*Amherst Citizen	*WMUR TV	*Milford, H/B Clergy
*Patch (Milford/Amherst)	*NH Magazine	
*Manchester Union Leader	*NH365	
*Community Access (GTM, Hollis Brookline, Amherst, Wilton)	*Parenting NH	
*Webpage – SVBGC.org & castnh.org	*Facebook	

- **Planned Activities:**

- Sticker Shock
- Youth Issue Forum
- MCP Experiential Activity
- Community Assessment

- **Parking Lot:**

Coalition Welcome Packet  
Programming – middle school and non/athletes  
Capacity building

- **Other**

- Briefly discussed meeting time – Monica will send out poll via Meeting Wizard
- Monica distributed Dept of Health & Human Services Issues Brief – Marijuana Use in NH

- **Next Meeting**

- **Wednesday February 12, 2014 @ 3:30 – Location TBD**