

**COMMUNITY ACTION FOR SAFE TEENS**  
MINUTES for June 10, 2015

Meeting from 3:30 – 5:00 pm at Milford Police Department

3:30 Sign in

**IN ATTENDANCE:** Monica Gallant, Carol Rowlette (Grandparent), Jim Duggan (SVGBC), Sue Hills (SAU40), Nancy Schooley (Congregational Church), Frank Emmick (Milford Democratic Committee), Jolee Chase (UNH 4-H), Susan Burns (SAU40), Paula Troie (RPh), Rafael Calderon (Lamprey Health Care), Susan Taylor (SVBGC), Lynn Post (New Futures)

Carol Rowlette is facilitating today.

**WELCOME AND INTRODUCTIONS**

We have lots of new attendees. Carol asked everyone to introduce themselves. It is encouraging to see so many new faces. Last year there were 4 of us meeting, there are 13 attendees today.

**MEETING MINUTES** from May 13, 2015. Frank motioned, Jim seconded. All in favor, minutes approved.

**ANNOUNCEMENTS**

Monica announced the formation of a youth flash mob in Nashua. It is a great way to get the youth engaged. In Nashua they are planning an event at a Silver Knights game on July 31<sup>st</sup> at Holman Stadium. The target is middle school and up. They are going to start practicing the week of June 29<sup>th</sup>. Monica will have more info next Tuesday and will share with group. The flash mob is being choreographed by the Nashua Boys & Girls Club.

Monica also announced the availability of the “lock it up” brochure. Monica has a supply if you have a place to distribute them. The brochure was redesigned by the Nashua Coalition. There is also a poster available. See Monica after the meeting.

Carol read the mission statement.

There is no meeting date set for July. Carol asked if we wanted to meet in August on the 12<sup>th</sup> at 8:30 a.m. Monica will do a meeting wizard to see if people are available.

September 9<sup>th</sup> meeting is firm. Carol asked for a facilitator for the September meeting. Paula was nominated to facilitate.

Monica passed out the Help Wanted flyer which reviews the volunteer positions wanted for the coalition. If you see anything that you are interested in doing please let Monica know. We are an all volunteer coalition, there's a lot of work to do and most of us have other jobs. We do need help to make the coalition effective.

## **BEYOND INFLUENCE UPDATE**

Lisa sent out an email to fill out a survey, Carol encouraged everyone to complete the survey before June 12<sup>th</sup>. Monica will forward the email to the CAST group.

## **RESOURCE RECRUITMENT ACTION PLAN**

The list was created by the resource forum attendees. The groups collected agencies and organizations that were identified as protective factors in the community. We will invite them to participate in activities like Red Ribbon Week.

Each attendee will receive 10 names or organizations to gather information on:

- Need Address, Town, State, Zip
- Phone
- Email
- Main Category: Prevention, Intervention, Treatment, Recovery
- Subcategories: Youth Program, Parent Organization, Education, Regulatory, Faith Based, Civic,
- Need to define each in a master list. Definitions can be obtained in the sector.
- Create a drop down to select.
- Provide a short paragraph/script with talking points for people making calls to gain information.
- Think about identifying organizations that are active in cast.
- Reader Board

## **RED RIBBON WEEK – October 23 – 31, 2015.**

Theme is “Respect Yourself, Be Drug Free”. However, Red Ribbon Week event can be focused on healthy choices, character development, general safety. We need to rely on those involved in the schools to bring information back. Examples shared included a door decorating contest and vinyl banners that the kids signed which are displayed year round.

Monica shared a training that reinforced reducing addiction – delay age of onset. Think about the culture of the community. For example, a community event to provide adventure seeking opportunities, obstacle courses, rock climbing walls, perhaps a festival to culminate the week.

Can someone investigate the signing laws around Happy Hour in Milford, Amherst, etc.? The state allows promotion of happy hour, but town can opt. out. The choice now is up the business. Once we have explored the local advertising requirements. We should all make note of anyone who advertises on the sidewalk/storefront and share information (environmental scanning).

Monica would like to reach more people with reader boards and ask them to display their message. Last year we sent letter asking them to put the message up for the list. We have the list from last year – it would be interesting to know who got the letter. Target Amherst, Hollis, Brookline, Milford, Wilton Last year we sent letter to:

Raczek  
Electrical Supply of Milford

Gurneys  
Joanna Johnson

Nashua Eye  
Nellies Treehouse  
Pasta Loft  
Sciliano Landscape

Kenmore Stamp  
Pasta Loft  
Church of Life

The alcohol tobacco and drug clearing house seems to be closed – there is apparently no support for materials this year.

Red Ribbon Week – focus on reader boards, school activities, share with 4H Clubs. We are trying to get youth to create a public service announcement encouraging their grandparents to lock up their medications. Discussed engaging 4-H Clubs. Lots of home school students involved. Monica will send information including the tool kit about Red Ribbon Week to Jolee Chase. Boys & Girls Club – think about a human red ribbon formation. Faith-based can also incorporate messaging include consider theme for sermon. Perhaps a presentation to the faith-based community in the Souhegan Valley.

Has there been any conversation in the Democratic Community? Not yet.

Milford kids who attended the leadership program – perhaps do a PSA? Would they be interested in a summer leadership training? Perhaps move to September for better attendance and due to space issues.

ANONYMOUS PEOPLE – a movie about recovery and reducing the stigma. Plan to schedule a showing in September (Recovery Month). Have some people in recovery in a panel after the meeting. Discussed hosting at Milford United Methodist Church, Carol will check availability mid to late September. Anonymous People is focused more on adults. Possibly include child care.

LAMPREY HEALTH CARE - Rafael Calderon introduced his agency Lamprey Health Care. He describes Lamprey as a “medical home”. They can obtain any type of health services (physical or mental health). They are located at 22 Prospect Street in Nashua and are also a resource for education.

NH-NPR radio broadcast

Think about youth to youth recruitment. Involve them and make connections. Think about a youth listening session in the fall.

NEXT MEETING: TBD. Not sure if we’ll meet in July. Must meet on August 12<sup>th</sup> at 8:30 a.m. to plan for September event.

Future Meetings:	September 9, 2015	3:30 pm
	October 14, 2015	3:30 pm
	November 11, 2015	3:30 pm

Adjourned 5:00 pm